

Freezer Inventory Sheet

<u>App/Snacks</u>	<u>Date Frozen</u>	<u>Use by</u>	<u>Notes</u>
<u>Prepared meals</u>	<u>Date Frozen</u>	<u>Use by</u>	<u>Notes</u>
<u>Meats/Seafood</u>	<u>Date Frozen</u>	<u>Use by</u>	<u>Notes</u>
<u>Veg/Fruits</u>	<u>Date Frozen</u>	<u>Use by</u>	<u>Notes</u>
<u>Breads</u>	<u>Date Frozen</u>	<u>Use by</u>	<u>Notes</u>

